

Mr. Nephtaly Cardona
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In preparation for the reopening of athletics, the following state approved athletic physical forms can now be **downloaded online through the <u>www.paps.net</u> website**; accessed in the **Athletics/Health Services tab**. Reminder that all physical forms must be completed and submitted no later than Wednesday **July 22nd 2020.** Fall Season begins on Monday **July 27th 2020.**

Sports Physical Forms Distribution

(You may pick up a blank physical packet at these locations below)

Location	Dates	Time
Rose M. Lopez School	Monday-Wednesday-Friday	8:30am-11:30pm
Robert N. Wilentz School	Monday-Wednesday-Friday	8:30am-11:30pm
PAHS Main Campus	Monday-Wednesday-Friday	8:30am-11:30pm

The following **FREE Sports Physical Dates** listed are for all student-athletes who wish to participate during the **Fall Season Only**. Student must bring the following forms completed and signed by their parent/guardian in order to receive the FREE Physical.

- History Form
- COVID- 19 Questionnaire
- Sudden Cardiac Death Sign Off
- Opioid Drugs Sign Off
- NJSIAA Steroid Consent
- o Concussion Sign Off

FREE Fall Sports Physical Dates

(First Come, First Serve)

Location	Dates	Times	
Dr. Herbert N. Richardson School	Saturday, July 11, 2020	9am-12pm	
	Wednesday, July 15, 2020	10am-1pm	
(318 Stockton Street	Saturday, July 18, 2020	9am-12pm	
Perth Amboy, NJ 08861)	Wednesday July 22, 2020	10am-1pm	

Sports Physical Forms Collection/Drop-Off

(If you are receiving a physical with your private physician, please drop off your completed physical packet at the following location during the dates and times listed)

Location	Dates	Times
Dr. Herbert N. Richardson School	Saturday, July 11, 2020	9am-12pm
	Wednesday, July 15, 2020	10am-1pm
(318 Stockton Street	Saturday, July 18, 2020	9am-12pm
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ALL FORMS ARE DUE BY WEDNESDAY JULY 22nd @ Dr. Herbert N. Richardson School